

Investing in our youngest children



#### Early Years Scotland is a specialist early years charity.

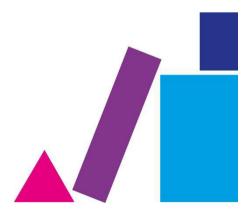
We support staff across the country who work with or on behalf of Scotland's youngest children, prebirth to 5 years.



We work with children and their parents together to help all children have the best start in life and we are committed to support that addresses the disadvantage gap.

#### All services are:

Two-generational, play-based and aim to strengthen and improve confidence, attachment, interactions, shared learning, transitions and attainment



## **Our 4 Strands of Activity**

- Working Directly with Young Children and their Families
- Membership and Support for nursery settings, playgroups, professionals and students
- Professional Learning /Training support (Themed/Bespoke sessions)
- Policy, Practice and Legislation: Advice and Advocacy



# Early Years Scotland Wellbeing Hub

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#### CONNECT

**Connect with Others** 

Team ELC Wellbeing Hub Early
Years Scotland

#### SUPPORT

**Supporting Your Wellbeing** 

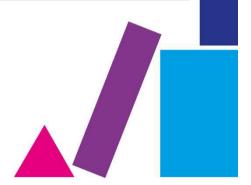
#### **PRACTICAL IDEAS**

**Practical Ideas for Wellbeing** 



#### **HEALTHY WORKING LIVES**

How to Develop Wellbeing in Your Team and Individually



#### **Early Years Scotland**

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# New Mental Health and Wellbeing Resource for Early Years Professionals

**Helpful Resources** 

#### **Helpful Resources**

Mental Health & Wellbeing Learning Resource for Early Years Professionals - This resource is for people who work with babies, infants and young children and help support their mental health and wellbeing. Click on the image below to find out more:

Mental Health & Wellbeing

Learning Resource for Early

Years Professionals





### Thank you for listening

Happy to take questions ...

